



Safe Routes to School THE 'NUDGE THEORY' BOARDGAME



What are the most effective strategies to 'nudge' more students to walk and bike to school? Gather a group and play the game to find out!

- 1 Set up the game. Shuffle the cards and place them facedown where shown. Place game pieces on START.
- 2 Decide who will go first. Players take turns drawing cards and following the instructions on the card or spaces on the board.
- 3 The first player to reach FINISH (school) is the winner!

Place cards face down here

Discard used cards here

